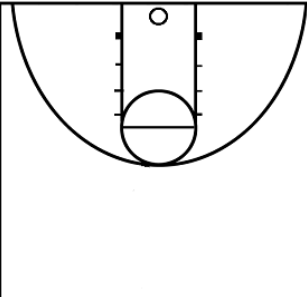
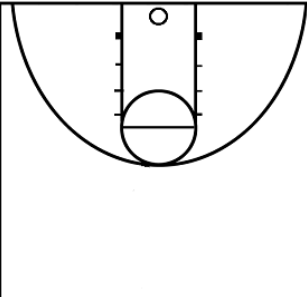
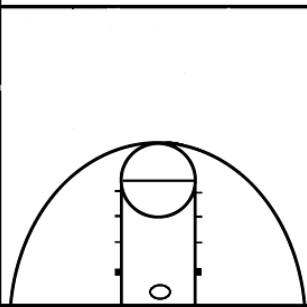


EVEREST BASKETBALL PRACTICE SCHEDULE

Date:

Practice #:

Practice Time:

Time	Activity/Drill	<u>Daily Emph</u>	
	Shoot/Stretch		
	Warm-up a. b.		
	Individual Development		
		<u>Commen</u>	
		<u>Announc</u>	